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**VIRGINIA WINE CLUB** FOR YOU

SENIOR FITNESS CLASSES  
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45 WAYS TO SURVIVE WINTER

# Northern Virginia

# DOCTORS

**TOP**



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SURGERY  
SPECIALISTS  
COMPREHENSIVE  
BREAST CENTER



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NOVANT  
HEALTH  
UVA HEALTH  
SYSTEM



**DR. ANASTASSIOS C. KOUMBOURLIS**  
CHILDREN'S  
NATIONAL HEALTH  
SYSTEM

# HELLO DOCTOR.



## METHODOLOGY

Along with asking all the doctors in Northern Virginia who, in their expert opinion, should be dubbed a Top Doctor, we took the process a step further by working with local hospitals and the Kaiser Permanente/Mid-Atlantic Permanente Medical Group of Northern Virginia to put together panels of head doctors to discriminatively look at those with privileges at their hospital. Each panel nominated doctors based on all the internal tools they are privy to: internal evaluations, patient reviews and overall quality of care. Although some Top Doctors winners choose to advertise in the magazine, doctors cannot pay to be included on the list. The listing and the advertising sections are separate entities.

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**John Golden**  
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**Timothy Kim**  
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**Tiffany Sotelo**  
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**Vivek Mathur**  
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**Matthew Niemeyer**  
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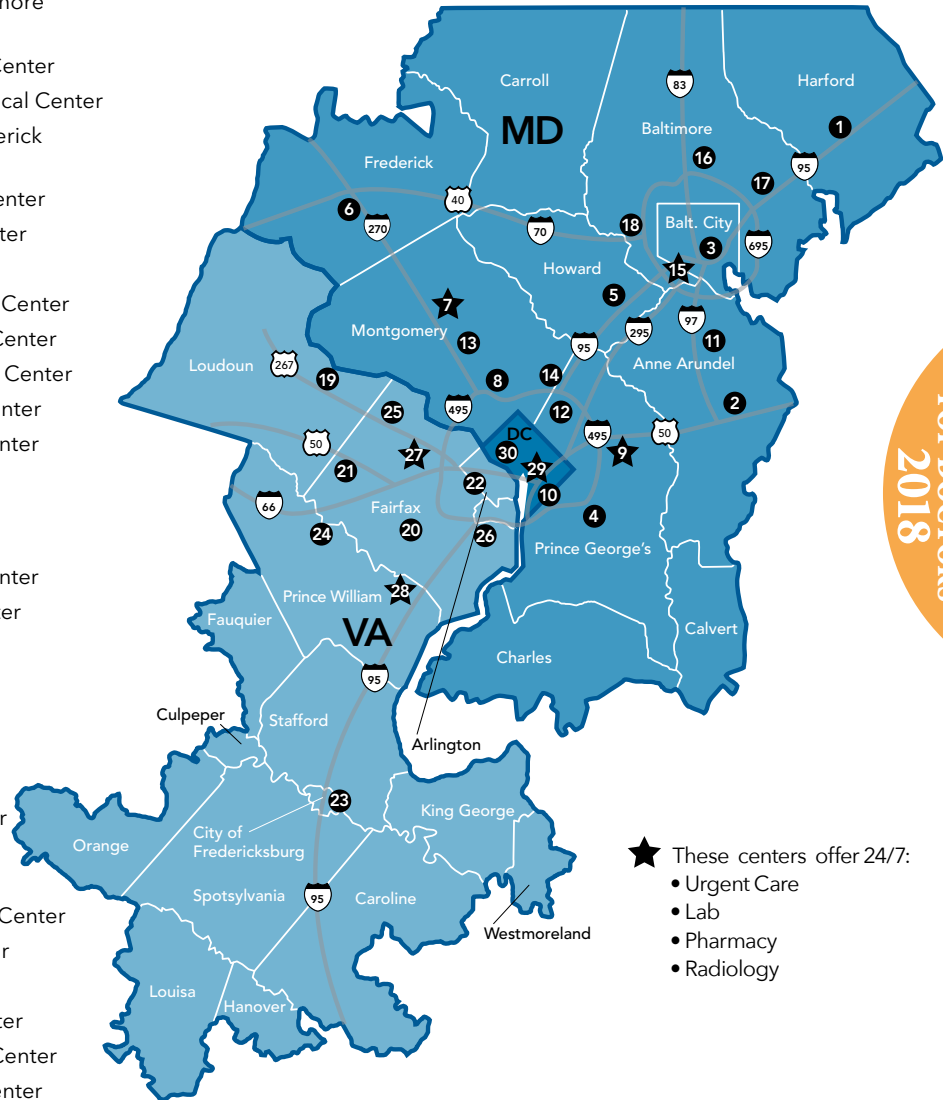
# Kaiser Permanente medical facilities

## Maryland

- 1 Abingdon Medical Center
- 2 Annapolis Medical Center
- 3 Kaiser Permanente Baltimore Harbor Medical Center
- 4 Camp Springs Medical Center
- 5 Columbia Gateway Medical Center
- 6 Kaiser Permanente Frederick Medical Center
- 7 Gaithersburg Medical Center
- 8 Kensington Medical Center
- 9 Largo Medical Center
- 10 Marlow Heights Medical Center
- 11 North Arundel Medical Center
- 12 Prince George's Medical Center
- 13 Shady Grove Medical Center
- 14 Silver Spring Medical Center
- 15 South Baltimore County Medical Center
- 16 Towson Medical Center
- 17 White Marsh Medical Center
- 18 Woodlawn Medical Center

## Washington, DC

- 29 Kaiser Permanente Capitol Hill Medical Center
- 30 Northwest DC Medical Office Building



TOP DOCTORS  
2018

## Virginia

- 19 Ashburn Medical Center
- 20 Burke Medical Center
- 21 Fair Oaks Medical Center
- 22 Falls Church Medical Center
- 23 Fredericksburg Medical Center
- 24 Manassas Medical Center
- 25 Reston Medical Center
- 26 Springfield Medical Center
- 27 Tysons Corner Medical Center
- 28 Woodbridge Medical Center

★ These centers offer 24/7:  
 • Urgent Care  
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Please check [kp.org/facilities](http://kp.org/facilities) for the most up-to-date listing of the services located at Kaiser Permanente medical centers.